CORONAVIRUS (COVID-19)

WHAT TO DO IF YOU MAY HAVE THE VIRUS

If you suspect you have contracted COVID-19 and live in an area that is serviced by the RFDS, contact us for remote consultation and advice.

STAY HOME IF YOU ARE UNWELL

CALL THE RFDS, GP OR LOCAL CLINIC WITH DETAILS OF YOUR SYMPTOMS

DRINK PLENTY OF FLUIDS

GET PLENTY OF SLEEP

GET MEDICAL ASSISTANCE IF YOU HAVE SHORTNESS OF BREATH

All infectious diseases can be controlled. Coronavirus is no exception. Follow advised hygiene and social distancing protocols and help stop this virus.

> FOR MORE INFORMATION GO TO
www.flyingdoctor.org.au or www.health.gov.au